

## SIDES

Rice . . . . .	£3.20
Cheese & Onion Fryit. . . . .	£2.00
Pineapple Fritter . . . . .	£1.90
Battered Mushrooms . . . . .	£2.70
Battered Onion Rings . . . . .	£2.70
Battered Halloumi Sticks (each)	£1.90
3 for	£3.80
5 for	£6.20
Bread & Butter . . . . .	60p
Buttered Roll . . . . .	80p
Peas . . . . Sml	£1.70
Lge	£2.20
Beans . . . Sml	£1.70
Lge	£2.20
Gravy . . . Sml	£1.70
Lge	£2.20
Curry . . . Sml	£1.70
Lge	£2.20
Cheese/Coleslaw . . . . .	£1.80

## DESSERTS

Vanilla Ice cream . . . . .	£2.40
Apple Pie & Custard . . . . .	£4.20
Chocolate Sponge & Custard	£4.20
Treacle Sponge & Custard . .	£4.20
Ice Cream Sundae . . . . .	£3.50
Chocolate Fudge Cake . . . .	£4.20
with ice cream	

## DRINKS

Coffee . . . . .	£1.90
Tea . . . . .	£1.70
Pot of Tea . . . . .	£2.20
Bottle of Pop . . . . .	£2.20
Bottle of Water . . . . .	£1.60
Orange Squash . . . . .	£1.00
Fruit Shoot . . . . .	£1.40
Can of Pop . . . . .	£1.80
Milk . . . . .	£1.50



**PLEASE NOTE:**

Our dishes may contain one or more of the following allergens: Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide. If in doubt please ask a member of staff for advice and information



# The Plains

# MENU



**916 WOODBOROUGH ROAD,  
MAPPERLEY,  
NOTTINGHAM  
NG3 5QR**

**Tel: 0115 9609 796**

**www.plainsfishbar.com  
email: info@plainsfishbar.com**

## SPECIALS

**Plains Special** £12.75  
Large Fish, regular chips & small peas  
bread & butter, tea or coffee

**Regular Fish Special** £9.95  
Regular Fish, regular chips & small peas

**Mini Fish Special** £6.60  
Mini Cod with chips

**Childrens Meal** £5.55  
3 chicken nuggets or fish cake or  
plain sausage with chips + fruit shoot

**Pie Special** £8.45  
Pie, regular chips & small gravy

**Everyday Special** £5.95  
Sausage or Fishcake with regular chips &  
peas or gravy

**Healthy option** £8.95/£10.50  
Steamed fish with rice and salad

### LIGHT BITES

COD BITES  
SOUTHERN FRIED  
CHICKEN FILLETS  
HALLOUMI STICKS

£1.30  
EACH  
OR  
2 WITH  
CHIPS  
£4.95

SOUTHERN FRIED  
CHICKEN FILLET  
WRAP  
HALLOUMI STICK  
WRAP

£4.50  
EACH  
OR  
WITH  
CHIPS  
£5.75

### WRAPS

Add 90p to include any drink (excluding bottles)  
with the above specials

## CHIPS

Regular . . . . . £3.20  
Large . . . . . £4.20  
Chip Cob . . . . . £3.95  
Potato Fritter . . . . . 90p  
Reg Chips & Cheese . . . . . £4.45

## FISH

(Fish can be steamed on request)

Cod . . . . .Reg £5.10 Lge £7.10  
Haddock . . Reg £5.10 Lge £7.10  
Plaice . . . . . £7.50  
Mini Cod . . . . . £3.50  
Scampi . . .Reg £4.50 Lge £7.00  
Fish Cake . . . . . £2.10  
Squid . . . . .Reg £4.70 Lge £7.50  
Cod Roe . . . . . £2.20

## CHILLI CON CARNE

Chilli Portion . . . . . £3.20  
With Jacket Potato . . . . . £6.10  
With Chips . . . . . £6.10  
Chilli & Rice . . . . . £6.10

## PIES

Steak & Kidney . . . . . £3.55  
Steak & Ale . . . . . £3.55  
All Steak . . . . . £3.55  
Chicken & Mushroom . . . . . £3.55  
Beef & Onion . . . . . £3.55  
Cornish Pasty . . . . . £3.55  
Cheese & Onion Pasty . . . . . £3.55

## SAUSAGES

Plain . . .(Reg) £1.80 (Large)£2.10  
Battered (Reg) £1.90 (Large)£2.20  
Saveloy . . . . . £2.20  
Spring Roll . . . . . £2.70

## SALADS

Salad Roll . . . . . £3.20  
Salads from . . . . . £3.20  
Cheese Salad . . . . . £5.10  
Coleslaw Salad . . . . . £5.10  
Tuna Mayo Salad . . . . . £5.70  
Tuna Mayo & . . . . . £6.00  
Sweetcorn Salad  
Extra Item of Salad . . . . . 90p

## JACKETS

(Includes salad garnish)

with Butter. . . . . £3.30  
with Cheese. . . . . £5.10  
with Coleslaw . . . . . £5.10  
with Beans . . . . . £5.10  
with Tuna Mayo . . . . . £5.30  
with Tuna Mayo & . . . . . £6.00  
Sweetcorn

## BURGERS

Burger in Batter . . . . . £2.70  
Burger in Bun & Salad . . . £3.50  
Cheese Burger & Salad . . . £3.70  
Chicken Burger & Salad . . . £3.90  
Veggie Burger & Salad . . . £3.70  
Cheese Slice. . . . . 35p

## CHICKEN

1/2 Chicken Portion . . . . . £5.55  
6 x Chicken Nuggets . . . . . £4.30