



The Plains



Gluten Free Restaurant Menu

Specials

Plains Special

Large Haddock, Regular Chips, and
Large Sauce, Bread & Butter, Tea or Coffee . . . £15.95

Regular Special

Regular Haddock, Small Chips, and
Small Sauce £12.50

Mini Fish Special

Mini Fish, Small Chips,
Small Sauce £9.95

Every Day Special

Sausage, with Small Chips, Pea or
Curry Sauce or Baked Beans £7.95

Fish

Haddock Regular £7.90 Large £9.90
Cod Large £10.50
Mini Fish £6.70
Cod Roe £2.90
Fish Bites £1.70

Chips

Small £3.50 Regular £4.50 Large £5.50
Potato Fritter £1.20

Sides

Peas, Beans, Curry Sauce Small £1.95 Large £2.50
Plain Sausage. £2.80 Battered Sausage £2.90
Half Chicken Portion £6.80
Pineapple Fritter £1.90
Halloumi Sticks £1.90 each 3 for £4.90